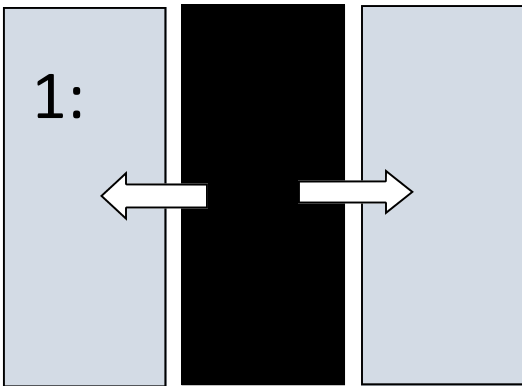
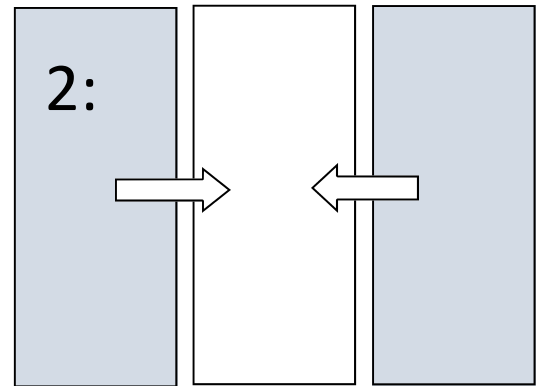


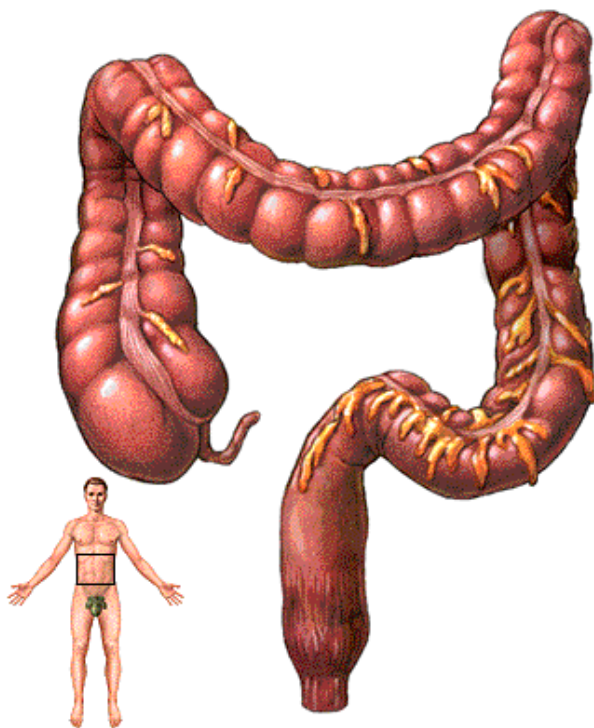
Colonic Detox Theory



#1: In the toxic body, toxins in the colon are more concentrated than in the body. So they tend to flow out to the body and the body cannot succeed in moving its toxins into the colon because of the law of physics that the flow is from the concentrated to the less concentrated. Also the membranes of the colon are encrusted with dried or gummy material making it less permeable.



#2: when we cleanse the colon with pure water, we relieve the body of the highly toxic contents of the colon AND we bathe the membranes of the colon and remove the dried, gummy encrustation thus allowing for easy transfer of toxins from the body into the colon for flushing out because now the toxins in the body are more concentrated than in the Colon.



A Healthy Colon

The colon is the first line of defense in keeping the body healthy; however in modern society the colon has become so sluggish, clogged, encrusted and toxic that it can no longer dispose of the toxic load of the body efficiently; then toxins back up and have to be handled by other organs and finally even stored away in the cells. It is a true saying that disease and death begin in the colon.

The liver and kidneys take part of the load when the colon is overwhelmed, then the skin and the lungs are brought into use as organs of elimination because the toxic load is so great. This is why it is so dangerous to do detox by fasting or 'liver cleanses' and such unless the colon is first relieved and supported so it can once again lead out in elimination, thus the other organs can gradually send their loads to the colon and in time a healthy state of the body be restored.

If we mobilize stored toxins by fasting, massage or other cleansing methods without addressing the colon first, we can cause serious illness and even death, because the body becomes overwhelmed and has no way to dispose of the load.